

ONE SMALL *yes*

FINDING YOUR YES

THE CHALLENGE OF YES

TOOLS FOR LIVING YOUR YES



FINDING YOUR YES

“Everybody has a calling and your real
job
in life is to figure out, as soon
as possible, what it is.”

– Oprah Winfrey



FINDING YOUR YES

What is it that you feel called
to do?

(Hint: It's probably not your job title)

THE CHALLENGE OF YES

Where there is no vision,
the people perish.

– Proverbs 29:18

THE CHALLENGE OF YES

1. "Opportun-itis"
2. Doubter's Default
3. Distraction-Actions & the Zeigarnik Effect

THE CHALLENGE OF YES

A new survey from AtTask conducted by Harris Poll found that U.S. employees at large-sized companies (1000 employees or more) only spend **45%** of their time on primary job duties.

THE CHALLENGE OF YES

Recent estimates are that you can lose up to **40%** of your **productivity** if you multitask.

– Susan Wienschenk, Ph. D.

THE CHALLENGE OF YES

40% of 45% is 27%.

Is 27% productivity enough
to move your business forward?

THE CHALLENGE OF YES

SOLUTION STRATEGY:

Not all GOOD things are GREATS things,
not all GREAT things are GOD things,
not all GOD things are **RIGHT NOW** things.

TOOLS FOR LIVING YOUR YES

“You need to have
the right tool for the job.”

– Paul Averill

TOOLS FOR LIVING YOUR YES

START MOVING ROCKS

What are the big rock items
for your position?

What percentage of your day
is spent moving rocks?

TOOLS FOR LIVING YOUR YES

“Don’ t mistake activity
for achievement.”

– John Wooden

TOOLS FOR LIVING YOUR YES

PRUNE YOUR GARDEN

30% of employees are actively engaged.

50% are engaged but not motivated.

20% are actively disengage and would sabotage the company if given and opportunity.

– Jim Hunter

TOOLS FOR LIVING YOUR YES

INSIDE EACH OF US ARE TWO WOLVES

ONE IS GOOD

It is joy, peace,
love, hope,
serenity,
humility,
kindness,
benevolence,
empathy,
generosity, truth,
compassion
and faith.



ONE IS EVIL

It is anger, envy,
sorrow, regret,
arrogance, self
pity, guilt,
resentment,
inferiority, lies,
false pride,
superiority, and
ego.

TOOLS FOR LIVING YOUR YES

Which wolf wins?

The one you **feed** the **most**.

FEED THE GOOD WOLF.

ONE SMALL YES

Become a person who is capable
of saying **YES** to what
you've been called to do.

ONE SMALL YES

“High performance life is centered around what you say **YES** to and what you say **NO** to.”

– Todd Duncan

